

Ladies Church Group Activities/Special Meetings

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All Christian ladies needs a fun night out or a day away with some other Christian ladies just to have a good relaxing time of fellowship. Here are some suggestions to use with your local church ladies group.

1. Shopping Trip

- Large mall
- Outlet malls,
- Antique stores
- Flea markets.

2. Healthy Women Emphasis Meeting

- Have a nurse/doctor come in for a speech on women's health.
- Serve healthy food.
- Do an exercise video workout together.
- October is a good month to plan something like this because it is designated as Breast Cancer Awareness month.

3. Slumber/Pajama Party

- Have at the church or someone's home.
- Have a make-up demo. If you have someone that sells Mary Kay Avon, enlist her help.
- Do each other's manicures/pedicures.
- Tell funny or even spooky stories.
- Share testimonies.
- Share childhood slumber party memories.
- Watch a movie.
- Make popcorn.

4. Movie Night

- Show a great movie.
- Don't forget the popcorn (the movie theater buttery type and some lite for those who won't indulge)
- Have snacks you might get at a movie theater such as goobers, peanuts, soft pretzels.
- Tell funny or even spooky stories.
- Share testimonies.
- Share childhood slumber party memories.
- Watch a movie.

5. Banana Split Night

- Have your ladies each bring in different toppings such as nuts, cherries, marshmallows, crushed Oreos, bananas, flavored sauces, etc.

6. **Praise Night**
 - Share testimonies
 - Sing choruses
 - Have special music
 - Have a reading or small skit
7. **Soup and Sandwich Supper**
 - Great for a late fall or winter get together
8. **Visit a Local Historical Home or Museum**
 - Check ahead for schedules and fees.
9. **Exercise Emphasis Meeting**
 - Use a fitness video together to workout
 - Walk a local walking track or route together as a group (a great way to enjoy chatting together)
 - Meet up afterwards for devotional and light refreshments.
10. **Crafting Night**
 - Do a craft project together.
 - Make sure you have all the supplies on hand.
 - Have a couple crafty ladies do a project demonstration.
11. **Talent Show**
 - Have several categories so more of your ladies will participate such as poetry reading, singing, instrumental, demonstrations, stand up comedy, etc.
 - Give prizes for things such as "best performance", "silliest", "most creative", "funniest", etc.
12. **Fiesta Night**
 - Decorate festive Mexican style
 - Serve Mexican food
 - If you have a missionary to Mexico or a Spanish speaking country, share their latest prayer letter.
 - Break a piñata.
13. **Cookie Exchange**
 - Exchange recipes
 - Give ladies instructions ahead of time of how many cookies to bring, etc.
14. **Ladies Tea**
 - Can be as formal or informal as desired.

15. **Self-Defense Emphasis**
 - Enlist someone who teaches self-defense to speak to your ladies group.
 - Check with your local police department. They may have a female officer who could come and give tips on self-protection for women.
16. **Ladies Retreat/Conference or Banquet**
 - Can be a large event or small scaled.
17. **Fall Foliage Trip**
 - Depends on your location.
18. **Progressive Dinner**
 - Great during the holidays but can be planned for anytime.
19. **Chocolate Night**
 - Involve everything around chocolate.
 - Have a small chocolate fountain if possible, chocolate fondue pots, and all kinds of goodies. Bring a few things for those who can't indulge because of health or weight issues.
 - Devotional ideas could include "Richness With Christ", "The Sweetness of the Lord", or "Fellowship Is Sweet Between Sisters".
20. **Coffee and Praise Night**
 - Have all kinds of coffees and flavorings.
 - Have an espresso machine if you can.
 - Enjoy the evening chatting and include short choruses, testimonies and devotion.
 - Devotional ideas could be how "God Flavors Our Lives" or "Keeping The Bitterness Out".
21. **Ice Cream Social**
 - Have the ladies bring in different toppings.
 - Devotional ideas could be "God Scoops on The Blessings" or "God's Toppings"—God tops my life with joy...love...etc.