



**COUNTING YOUR BLESSINGS  
THANKSGIVING SURVEY**

1. Think back over the past ten years. What are you the most grateful for during that time period?
2. Now think back over the past year. What are you most grateful for during that time period?
3. Now what about the past week? What are you most grateful for?
4. Fill in the blank beside each letter with something that you consider a blessing of God that begins with that letter.

**T** \_\_\_\_\_

**H** \_\_\_\_\_

**A** \_\_\_\_\_

**N** \_\_\_\_\_

**K** \_\_\_\_\_

**S** \_\_\_\_\_

**G** \_\_\_\_\_

**I** \_\_\_\_\_

**V** \_\_\_\_\_

**L** \_\_\_\_\_

**N** \_\_\_\_\_

**G** \_\_\_\_\_

5. The following verse says that God is "good". *O give thanks unto the LORD; for he is good; for his mercy endureth forever.* 1 Chronicles 16:34. Name a way that God has been good to you lately.
  
6. Name two physical or monetary blessings you've received lately.
  
7. Name two spiritual blessings you've received lately.
  
8. How often do you give praise to God?  
 often     sometimes     seldom     never
  
9. Do you think God is pleased with how you praise Him?  
 yes     no
  
10. Name someone that God has placed in your life to be a blessing to you.
  
11. Now that you have reflected on how God has blessed you, choose a person this week (Even during the busy holiday season) and be a blessing to that person.

Here's a few ideas.

- (1) Send someone a card to encourage them.
- (2) Take someone a batch of cookies or fresh baked bread.
- (3) Make dinner for someone.
- (4) Visit a lonely elderly person.
- (5) Send someone flowers just for the fun of it.

*You get the idea! There's lots of ways to be a blessing!!*